

YMCA Swim Lesson Registration Chart

If your child.....	YMCA Program	Lifesaving Society (Swim for Life)	Red Cross	I Can Swim Program
is 6 months – 2 years old and is ready to enjoy the water with a parent/guardian	Splashers Bubblers	Parent & Tot 1 Parent & Tot 2	Starfish Duck	<i>Tots</i>
Is 3-5 years and is becoming a little more independent in the water, OR has never taken swimming lessons before	Bobbers Floaters	Preschool 1	Sea Turtle	<i>Intro A</i>
Can get in and out and jump into chest deep water assisted; on front and back assisted and Glides	Floaters	Preschool 2	Salamander	<i>Intro B</i>
Can jump into chest-deep water; submerge and exhale underwater; float on front and back assisted for 3 meters	Gliders Divers	Preschool 3	Sunfish	<i>Intro B</i>
4 or 5 years old AND can do a front and back glide with a kick and swim 5-10 meters in deep water unassisted .	Surfers	Preschool 4	Crocodile	<i>Level 1</i>
4 or 5 years old AND can do solo jumps into deep water; swim front swim and back swim with kick and arm action for 15m unassisted .	Jumpers	Preschool 5	Whale	<i>Level 2</i>
Are 6-12 years and just starting out..	Otter	Swimmer 1	Swim Kids 1	Intro
Are 6-12 years, open eyes and hold breath, and exhale underwater. Glide on front and back for 1.5meters	Seal	Swimmer 2	Swim Kids 2	Level 3
Are 6-12 years; can swim 5 meters on front and back and recover an object in chest deep water.	Dolphin Swimmer	Swimmer 3	Swim Kids 3	Level 3
Are 6-12 years; can tread for 40 secs; do kneeling dives and front somersaults; Swim 15m front crawl and back crawl	Star 1	Swimmer 4	Swim Kids 4 Swim Kids 5	Level 4
Are 6-12 years; can Eggbeater for 1 min. Swim (50m); dive; headfirst Sculling	Star 2	Swimmer 5	Swim Kids 6	Level 5
Are 6-12 years; can Eggbeater for 1 min; swim 50 m front and back crawl; breaststroke for 25 m	Star 3	Swimmer 6	Swim Kids 7	Level 5
Are 6-12 years; Swim 200m Front Crawl and Back Crawl; can do dolphin kick	Star 4	Swimmer 7 Rookie Patrol	Swim Kids 8	Level 6
Successful completion of Star 4	Star 5	Swimmer 8 Ranger Patrol	Swim Kids 9	Level 6
Successful completion of Star 5	Star 6	Swimmer 9 Star Patrol	Swim Kids 10	
Successful completion of Star 6	Star 7			