



YMCA of Cumberland Lifeguard Job Description

Job Title: Lifeguard

Salary: \$15.30 an hour

Job Type: Full Time

Work Term: Seasonal

Work Language: English

Hours: 35 hours per week

Education: Secondary (high) school graduation certificate

Experience: 1 year to less than 2 years or equivalent experience

Work site environment

- Wet/damp
- In/on water
- Noisy

Work setting

- YMCA
- Fitness centre
- Swimming pool/centre

Tasks

- Demonstrate and instruct athletic, fitness or sports activities and techniques
- Assist with special events
- Lead groups and individuals in recreational or leisure programs
- Prepare reports
- Understand principles of group dynamics
- Schedule activities, keep logs, maintain records and prepare reports
- Leading/instructing groups
- Leading/instructing individuals
- Patrolling/supervising activities
- Assist clients/guests with special needs
- Ensure health and safety regulations are followed
- Monitor recreational, sports or fitness activities to ensure safety and provide emergency or first aid assistance when required

Supervision

- More than 20 people

Student status

- Full time enrollment

Certificates, licences, memberships, and courses

- Lifesaving Bronze Medallion
- Lifesaving Bronze Cross



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- National Lifeguard Service (NLS) Certificate
- CPR Certificate
- First Aid Certificate

Security and safety

- Criminal record check
- Child Abuse Registry check

Transportation/travel information

- Own transportation

Personal suitability

- Client focus
- Dependability
- Efficient interpersonal skills
- Excellent oral communication
- Flexibility
- Initiative
- Interpersonal awareness
- Judgement
- Organized
- Reliability
- Team player

Screening questions

- Are you currently a student?
- What is the highest level of study you have completed?
- What is your current level of study?

Other benefits

- Free parking available
- On-site recreation and activities

To apply to this position please forward cover letter and resume to HFA@cumberland.ymca.ca